

# how she does it

Jen's cancer has only made her stronger—and more committed to her life.

## my life

**Name:** Jennifer Goodman Linn

**Age:** 36

**Hometown:** New York City

**Family:** Husband David, 34

**Her deal:** "I'm the vice president of marketing for Ann Taylor and the founder of Spin4Survival."

### How has your cancer diagnosis changed your life?

In 2004, my doctor diagnosed me with sarcoma, a rare kind of cancer, and I was shocked—I'm young and in great shape. They removed a football-size tumor from my stomach, and since then I've been through surgeries and chemotherapy. I was in remission for a while, but now the cancer's back. Despite the cancer, I still live my life—I go to work every day, David and I travel, and I see friends.


### What helps during tough times?


David's support. He is a savior—he comes to my doctor's appointments, really takes care of me, and treats me not as a victim but just as me.

### Why did you start Spin4Survival?

I wanted to give back to the wonderful doctors and nurses at Memorial Sloan-Kettering Cancer Center, so I organized a cyclothon with my gym to raise money for sarcoma—we gave the hospital \$200,000! I'm excited for the second annual event coming up on January 27. (For more information, see [spin4survival.org](http://spin4survival.org).)

### When do you see girlfriends?

We love to get together for brunch. We're all in different life stages—some single, some married with kids, some urban, some suburban—so weekend mornings work for everyone. It's our favorite thing. 

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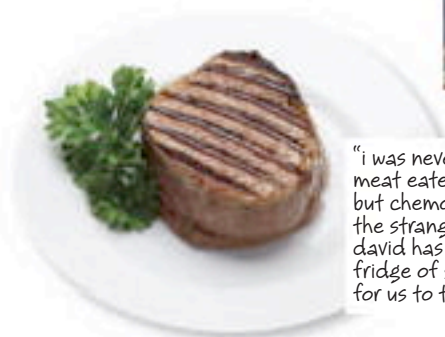


"my daily workouts are great. exercise has become a religion for me. it's a way to compete against myself and feel alive."



David is the yin to my yang. I'm always over-committed, and he's good at helping me slow down and take care of myself."

"instead of hitting the bars together like we used to, my girlfriends and i love meeting for brunch."



"i was never a big red-meat eater before, but chemo gives me the strangest cravings! david has a list on the fridge of steak places for us to try."

"a saving grace in our marriage is the fact that we've got a housekeeper—it's like couples therapy. i feel very lucky for that!"



which three words describe you best?

mother  
wife  
boss  
lover

**leader**  
nurturer  
**cheerleader**

maid  
multitasker  
problem-solver

confidante  
partner  
**survivor**

chauffeur  
ringleader

by Lindsey Palmer